

Curriculum vitae Psychotherapy

2015	Practice Permit as a Federal accepted Psychotherapist with Health Insurance Approval (Zusatzversicherung)
2013 - 2014	Education in Intuitiv & Theta Healing (Method Stibal), A.-M. Grabner, Brüttisellen
2002 – today	Education in Heart Meditation- und contemplation. Masters: F.X. Jans, Switzerland, B. Cahen, Belgium. Recommended: difficulties in concentration, prevention of stress, and much more
1998 – 2002	Psychiatric-psychotherapeutic Group Practice Hegibach, Zurich
1996 – today	Own Psychotherapeutic Practice, Zurich
1996 – 1997	Psychological Training, Klinik Hohenegg, Meilen Acute care unit.
1994 – 2002	Study in Analytical Psychology, C.G. Jung-Institute, Küsnacht Master in Analytical Psychology.
Psychopharmakology	Dr.med. Brigitte Woggon, Psychiatric University Hospital, Zurich
Supervision	Dr.med. Brigitte Woggon, Psychiatric University Hospital, Zurich, Prof. Dr. Verena Kast, St. Gallen, Dr.med. Florian Langegger, Zurich, Lic.theol. Franz-Xaver Jans, Adligenswil, Prof. Dr.phil. Urs Mehlin, Zurich
Continuing Education	Neurobiology (Prof. Dr. G. Hüther), Electromagnetic Sensitivity, Informational Medicine, Music Therapy
Focus of activity / Diseases	<ul style="list-style-type: none">- Attention Deficit Disorders- Anxiety Disorders- Crisis: Life, Meaning, Spiritual- Depressive Disorders- Prevention of Stress and Burnout- Personal Development / Career Counseling- Psychosomatic Disorders
Target audience	Adolescent, Adult, Family